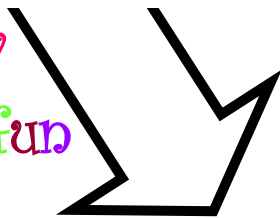


SUMMER

This way
To the fun



2015 SUMMER FUN REGISTRATION FORM



PLEASE PRINT

CHILD'S NAME:		AGE:	SEX: __ M __ F
PARENT/GUARDIAN NAME:			
MAILING ADDRESS:			
HOME PHONE:		EMAIL ADDRESS:	
WORK /CELL PHONE:		GRADE ENTERING FALL 2015:	
WORKSHOP/CAMP		DATE	COST
			\$
			\$
			\$
			\$
			\$
			\$
			\$
T-shirt Size:			\$
FREE 4-H Summer Fun t-shirt – Register for classes totaling \$50 or more by May 22 and receive a free t-shirt. Shirts will also be available to order at a cost of \$10.		Total for Sessions	\$
		Total Enclosed	

4-H Summer Fun Scholarships – Want to attend 4-H Summer Fun classes but need some help with the costs? Limited scholarship assistance is available. Contact the Extension Office to request and application. Deadline to apply is May 15. 4-H'ers may also use scholarship money they have earned to pay for 4-H Summer classes.

Prepaid registration is required for each participant

Make check payable to CATAWBA COUNTY and mail with completed registration form to:

NC Cooperative Extension – PO Box 389 – Newton, NC 28658

Classes may be canceled if minimum registration is not reached. Refunds will be made only if a class is canceled due to low registration or weather conditions. Class size is limited and filled on a first-come basis.

Participants must complete a standard notarized (Notary available at 4-H Office) [NC 4-H Medical Form](#) and a [4-H Enrollment Form](#) with registration. (Forms will need to be printed then filled out) All youth/adults are expected to follow the NC 4-H Code of Conduct, which will be provided upon registration.








Catawba County 4-H offers many fun learning opportunities throughout the year that are economical and life skill building through our various clubs. For a list of clubs visit our website <http://catawba.ces.ncsu.edu>











You can also follow us on Facebook!
Just search the name Catawba County 4-H





CATAWBA COUNTY 2015 4-H SUMMER FUN ACTIVITIES

4-H Summer Fun is sponsored by North Carolina Cooperative Extension and provides day classes and trips designed to encourage youth to learn new things, develop new skills, and explore new interests. The activities are open to all youth ages 5 & older and outlined in this brochure. Programs are taught and supervised by NC Cooperative Extension staff and 4-H & Community Volunteers. If you have questions about any of the activities, call 465-8240. ***Classes are held at the Catawba County Agricultural Resources Center in Newton, unless otherwise specified. Trips depart from the same location unless otherwise specified.***

DATE	Workshops/Camps	COST	TIME	AGE
June 23-25	Clover Camp - Each day features a theme with lots of different hands-on activities, theme snack, and special guests to help younger children learn different topics. 	\$15	9-12pm	5-8
June 23	College Trek – Focus on your future and think about life after high school. Discover differences and features and areas of study offered by some nearby colleges as we visit Gaston Community College and Gardner-Webb College. Finish-up the day with discussion to help you start thinking about options after high school. 	\$7	8am-5pm	7 th -12 th graders
June 24	Music Makers – Do you find yourself tapping along to the radio? Or maybe humming a familiar tune? Then this camp is for you! Learn all about several different music instruments and how they are played. Instructor: Lauran Surrat, 4-H Teen Leader 	\$5	1:30-3:30pm	7-11
June 29- July 2	4-H Investigates: CSI Camp “Who killed Henry Ward?” - Uncover the mystery of “Who Killed Henry Ward” as you travel and learn with 4-H to Iredell county. Learn forensics techniques such as forensic insects, fingerprint analysis, impression analysis for tires and shoes, hair analysis, DNA evidence, blood spatter, and blood typing (synthetic blood is used). Field trips include the County Courthouse, as well as the animal diagnostic laboratory. There will be special speakers and a visit with a drug dog. Lunch, snacks, and special CSI shirt included. 	\$55	9am-4:30pm	12-16
July 7	Little Hands Cooking – This cooking adventure focuses especially on little ones. Participants will learn cooking basics and cook their own lunch. We will also cover how to be creative in the kitchen, and how to follow a recipe. Instructor: Megan Johnson, 4-H Teen Leader. 	\$5	10-12pm	5-9
July 7-8	Grow for it! --Learn about the skills and technology that farmers need to run a farm. The camp will provide an engaging environment where campers will deepen their connection to the soil, plants and animals that are the sources of their food. Hands on farm and food activities, outdoor exploration, farm based arts & crafts, games and so much more! 	\$35	9-12pm	8-14
July 8-9	Kid’s Café Cooking Camp – On the first day they will learn some cooking techniques and make a light lunch. On the second day they will make their own lunch (something a little fancy). This camp helps youth discover the joys of cooking with a dash of kitchen creativity. Those who want to sign up should be able to follow directions and be at least mildly trustworthy with knives and other sharp kitchen tools. Instructor: Megan Johnson, Teen Leader 	\$15	9:30-12:30pm	8-13

July 8	Hold Your Horses! - Learn the basic coat colors, anatomy, needs of a horse, what you need to ride, and how to tack up a horse. They will also learn how they can continue to learn about horses through 4-H. Instructor: Lauren Williams, Brookford Equestrians.	 \$5	1:30-3:30pm	7-11
July 9-10 	Fishing Camp – Come join Cleveland and Gaston County as we explore the sport of fishing. Learn from experienced fishermen and women as we travel to different sites in each county to practice our learned skill. Snacks, fish bait, and fishing poles will be provided.	\$25	8:30am-3:30pm	9-14
July 13	Arm-Knitting – Make a knitted scarf without needles with arm knitting. Learn how to get started and make a scarf to wear for the Fall. Materials provided. Instructor: Megan Johnson, Teen Leader	 \$10	1:30-3:30	9 and older
July 14	Lego Mania – Great for children who love legos! Work as a team to conquer lego challenges, such as building the tallest or strongest structure, try-out some new lego kits, learn lego facts, and more. Instructors: Will and Lisa Johnson, Amazing Circuits 4-H Club.	 \$10	Session 1: 9-11 am OR Session 2: 1-3:00pm	6-12
July 21-22	Beginner Sewing Camp - Learn how to operate a sewing machine, basic sewing techniques, and make a denim messenger bag to use in the coming school year. No sewing experience needed. Bring a sewing machine, if you have one available. The cost includes a kit with supplies needed to create your bag. Instructors: Joanna and Emily Kanupp. MUST REGISTER BY JUNE 30!	 \$25	1-4pm	10 -15
July 23	Storm the Castle -Use your ingenuity and creativity to build your very own PVC trebuchet to launch tennis balls at a mighty stronghold. And what is a castle siege without a castle? As a group, we will build a fortress to test your mini weapon project to see if the tower will tumble and victory will be in reach! <i>You will also have the chance to learn more about science/ electricity opportunities offered through NC 4-H for young scientists.</i> Instructor: Kat Stulpin, Amazing Circuits 4-H Club	 \$15	1-3pm	9-13
July 24	Beginning Irish Step - Kick-up your heels as you learn some basic dance steps and put them together into a simple routine. Sample some nutritious smoothies perfect for active kids! Instructor: Kat Stulpin, 4-H Entertains Winner	 \$5	10am-12pm	7-13
July 27-29	Science 101 Camp - Experiment with microbes and see them grow! Discover how biomass such as sweet potatoes is used in biofuels as you learn about alternative energy. Watch electricity flow through the circuits you build. Design rockets and junk drawer robots as you learn about engineering! Wrap up your week with a field trip to the Carolinas Aviation Museum. Meet at the Catawba County office, but we will travel as a group to the Gaston County Extension office for this multi-county camp.	 \$55	8:30am-4:30pm	9-13
July 31	4-H Robotics: Engineering for the Future – A team from Amazing Circuits Science Club will lead you through a day of robotics and engineering using activities from Junk Drawer Robotics in the morning followed by hands-on activities on Lego Mindstorm Robots in the afternoon. Come ready for some engineering fun and challenges to test your design skills. Instructors: Teens and leaders from Amazing Circuits 4-H Club.	 \$20	9am-3pm	11-14
August 3	Hogwarts School of Wizardry – Whether you are team Gryffindor or Slytherin you will love this camp based on the award winning book series Harry Potter! Come join us for an afternoon filled with magic tricks, science experiments and themed snacks. It is sure to be a wickedly good time. Instructors: Joanna and Emily Kanupp, 4-H Volunteers.	 \$10	1-4pm	5-10

<p>August 3-7</p>	<p>Mini-Society - Youth will create their own Mini-Society and earn money through mini businesses you create! You will have the chance to name your town, create a system for earning money, design your money, apply for jobs, and maybe even be mayor. Learn economic and business basics as you create a business and buy and sell with other Mini Society citizens (no outside selling allowed). The week will end with an auction where you get the chance to use money from your business to purchase some cool items to take home. We will travel to Gaston County each day and join with some other 4-H groups for Mini-Society.</p> 	<p>\$50</p>	<p>8:30am-3:30pm</p>	<p>9-13</p>
<p>August 11-14</p>	<p>Focus on Fitness - This week is all about staying healthy! Try out some different sports. We will mix in some materials from STEPS to a Health Teen, a national 4-H program, to help tweens learn about making healthy choices. Learn tips to help you eat healthy so you are sports ready. Meet professionals and learn about sports careers at Lenior-Rhyne University.</p> 	<p>\$50</p>	<p>9am-3pm</p>	<p>10-14</p>
<p>August 17-20</p>	<p>Discovery Day Camp - Come join youth from Alexander and Catawba Counties for 4 days of discovering some educational and recreational attractions close to home. Select the days of your choice or attend for the all 4 days!! <u>Monday</u> - Farm fun and learning with an afternoon at Hickory Dickory Dock <u>Tuesday</u> - Hiddenite Gem mines and nature activities at Rock Face Park <u>Wednesday</u> - Zootastics and Bowling at Pla-More Lanes in Iredell County <u>Thursday</u> - Close out the summer with a mystery to a secret destination to be discovered as the day unfolds.</p>	<p>\$20 per day or \$75 for the week</p>	<p>8am-4pm</p>	<p>8-13</p>

ASPIRE – ACT Prep Class

Fridays, 1-2:30 p.m. during summer

Ages: Rising 10th – 12th graders

Cost: \$170 (scholarship assistance and partial refund available)



This 30-hour ACT prep course will allow students to improve our ACT test taking skills, ease your test anxiety, and improve your chances for college scholarships and acceptance. You can qualify to receive up to a \$100 refund of your course fee, based on completion of the four practice test and weekly class attendance. The class will meet weekly in the summer and then afternoon or evening for the remaining classes in September. Visit the ASPIRE website at <http://harvest.cals.ncsu.edu/aspire> for more information and/or the ASPIRE application. An ASPIRE

Orientation is planned for Monday, June 1 at 5:00 p.m. at the Agricultural Resources Center.

Adults: Take the Lead with 4-H!

July 24 at 10am **OR** August 4 at 5:30pm

No cost, but pre-registration needed

Don't let the fun and learning offered by 4-H stop once school resumes! Learn how to keep your children involved by starting up a club. Learn more about club programs such as types of clubs, how to start one, and what to do as a leader. This workshop will let you learn the basics and then the 4-H Staff will work with you individually to help you develop your new club! Make 4-H a family affair!



Interested in Joining a 4-H Club!?

Clubs usually meet once a month. A typical meeting consists of an educational program, business discussion, and recreation. The program should be a hands-on experience and may include tours, special interest programs, community service projects or presentations by 4-H'ers. 4-H'ers, volunteer leaders and parents determine what happens in a club and each club develops a yearly calendar. There is no charge to join most clubs and once you join a club you can participate in a variety of leadership, citizenship, and life skill building oppprtunities. Some children have been discovered future career interest through 4-H!